



Beyond the Limits of HIV and Aging: Prevention, Treatment, and Resilience

Monday, June 12th, 2023

Pittsburgh Marriott North, 100 Cranberry Woods Dr.
Cranberry Township, PA 16066

AGENDA	
7:30am-8:00am	<u>Breakfast, Networking, Registration</u>
8:00am-8:15am	<u>Opening Remarks</u>
8:15am-9:15am	<p><u>HIV and Long-Term Care</u> <i>Speaker:</i> Cynthia Klemanski, MSW, LCSW, MHA Board President, Shepherd Wellness Community</p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> • Identify the challenges associated with Senior Living and HIV • Discuss ways to address the healthcare and social support needs of people with HIV in long-term care facilities • Identify strategies to promote inclusive care for people with HIV requiring long-term care
9:15am-10:15am	<p><u>Trauma Informed Care</u> <i>Speaker:</i> Mark Lepore, EdD, LPC, LCSW Mental Health Trainer, American Red Cross (ARC) Volunteer Partner Director, Red Cross Service to the Armed Forces (SAF) branch, Washington, D.C.</p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> • Discuss trauma-informed care as it relates to HIV risk, prevention and treatment in aging populations • Identify 3 trauma-informed approaches that can be utilized to enhance client care
10:15am-10:25am	<u>10-minute break</u>
10:25am-11:25am	<p><u>HIV Medications in the Aging Patient</u> <i>Speaker:</i> Sarah McBeth, MD, MPH Clinical Assistant Professor of Medicine, Division of Infectious Disease</p>



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	<p><i>University of Pittsburgh School of Medicine Medical Director, Allies for Health + Wellbeing</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> • Discuss considerations when prescribing antiretroviral treatment for aging patients • Describe implications of factors such as polypharmacy as a barrier to adherence
<p>11:25pm-12:25pm</p>	<p><u>Communication and the Aging Population</u> <i>Speaker:</i> <i>Linda Rose Frank, PhD, MSN, FAAN</i> <i>Professor of Public Health, Medicine, and Nursing</i> <i>Principal Investigator, MidAtlantic AIDS Education & Training Center</i> <i>University of Pittsburgh</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> • Identify 2 challenges in working with aging populations • Discuss best practice strategies for keeping patients engaged in care
<p>12:25pm-1:25pm</p>	<p><u>Lunch</u></p>
<p>1:25pm-2:25pm</p>	<p><u>Panel: Stigma, Barriers to Care and Overcoming Challenges</u> Individuals who are “thriving” will discuss their experience with health care and their journey.</p> <p><i>Moderators:</i> <i>Richard Krug</i> <i>Executive Director, Shepherd Wellness Community</i></p> <p><i>Sean DeYoung, MSW, LCSW</i> <i>Chief Executive Officer, Allies for Health + Wellbeing</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> • Identify factors that have helped the participants thrive with HIV • Describe resources or opportunities for HIV advocacy
<p>2:25pm-3:25pm</p>	<p><u>HIV and Aging: Co-morbidities</u> <i>Speaker:</i> <i>Darrell Andre McBride, DO</i> <i>Clinical Assistant Professor of Medicine, Infectious Diseases</i> <i>Regional Assistant Dean, Student Affairs</i> <i>Geisinger Commonwealth School of Medicine</i></p>



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	<p><i>Medical Director, Ryan White Program, Geisinger Medical Center</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> Identify co-morbid conditions associated with individuals with HIV that are aging
<p>3:25pm-3:35pm</p>	<p><u>10-minute break</u></p>
<p>3:35pm-4:35pm</p>	<p><u>Sexual Health Screening in Aging Populations</u></p> <p><i>Speaker:</i> <i>Barbara Wilgus, MSN, CRNP</i> <i>Program Administrator, STD/HIV Prevention Training Center</i> <i>Senior Staff, Division of Infectious Disease</i> <i>Johns Hopkins University School of Medicine</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> Discuss the importance of sexual health history taking as it relates to HIV risk, prevention and treatment Identify best practices for taking a sexual health history in aging populations
<p>4:35pm-5:00pm</p>	<p><u>Evaluations and Closing Remarks</u></p>